

Standardized Actions of a Lost/Disoriented Firefighter

- 1) Stay calm, conserve your air
- 2) Stay with your partner or crew
- 3) Initiate a "Mayday!"
 - **U** – Unit
 - **C** – Conditions
 - **A** – Actions
 - **N** – Needs
- 4) Activate P.A.S.S.
- 5) Monitor radio/Update Command
 - Turn off P.A.S.S. to talk
 - Reactivate P.A.S.S.
- 6) Use flashlight to signal
- 7) Use tools and debris to alert rescuers
- 8) Attempt to locate an exit – Seek area of refuge
 - Move toward visible light
 - Listen for audible sounds
 - Search walls for windows, doors, etc.
 - Search hose line (Read Couplings)
 - Attempt to locate a life line
- 9) Go down steps unless in a basement or sub-floor
- 10) Assume defensive posture
 - Right lateral side
 - Protect facepiece with gloves