Standardized Actions of a Lost/Disoriented Firefighter

1) Stay calm, conserve your air
2) Stay with your partner or crew
3) Initiate a “Mayday!”
   - U – Unit
   - C – Conditions
   - A – Actions
   - N – Needs
4) Activate P.A.S.S.
5) Monitor radio/Update Command
   - Turn off P.A.S.S. to talk
   - Reactivate P.A.S.S.
6) Use flashlight to signal
7) Use tools and debris to alert rescuers
8) Attempt to locate an exit – Seek area of refuge
   - Move toward visible light
   - Listen for audible sounds
   - Search walls for windows, doors, etc.
   - Search hose line (Read Couplings)
   - Attempt to locate a life line
9) Go down steps unless in a basement or sub-floor
10) Assume defensive posture
    - Right lateral side
    - Protect facepiece with gloves

- www.TES2training.com