

OBJECTIVE:

Demonstrate the following self-rescue techniques.

MATERIALS:

Firefighter will be in full protective gear and SCBA. They will perform all lifesaving functions in a simulated zero visibility situation.

STUDENT INSTRUCTIONS:

You will be asked to simulate self-rescue techniques. All functions will be simulated in a zero visibility situation.

INSTRUCTORS NOTES:

Provide the student with instructions and describe the scenario. If student is unsuccessful they will be required to receive additional training and perform the task again.

Skill	Pass	Fail
Doff SCBA to simulate crawling through a narrow space or to become disentangled without breaking face piece seal.	_____	_____
Don SCBA after performing above operation.	_____	_____
Demonstrate activation of BYPASS valve on SCBA.	_____	_____
Activate PASS device and reset after 10 seconds.	_____	_____
Utilize portable radio to communicate a MAYDAY situation.	_____	_____
Identify the male/female couplings of a hose and indicate direction to outside of structure.	_____	_____
Given a length of rope or webbing, tie a handcuff knot around your wrists so that fellow FF can rescue you.	_____	_____
Given a length of rope or webbing, tie a bowline around your waist so that fellow FF's can rescue you from below grade	_____	_____

COMMENTS:

Company Officer Signature Date

Training Officer Signature Date