

Drill Lesson Plan

Fire fighter obstacle/skill course.

By: Captain Mike Gallagher

Objective

To give an overall lesson on basic firefighter skills. Skills reflecting FF1 and TMFD practical knowledge.

Referenced Materials

TMFD SOG
IFSTA FF1; essentials

Topics

- Skills Competition Course
- Hose rolling, triple fold
- Donning PPE
- SCBA Skill; donning & changing bottles.
- Rope and knots with equipment.
- Hoisting equipment
- Doffing Gear
- Hose rolling
- Crew teamwork.
- SCBA Inspection, maintenance, cleaning
- Safety Inspection of PPE

Safety Considerations

Professionalism
Practice safety with all equipment
Gloved hands when handling tools
Team work
No running, jumping, or “short cuts”

Equipment

Eight (8) rolls of 1 ¾ hose

Firefighter PPE

Full Turnouts

Two (2) Salvage covers

Four (4) air packs

Four (4) spare bottles

Three (3) rope bags

Two of each; Chain saw, roof ladder, pick head axe, pike pole, & electric fan.

Lesson

- 1.) The overall drill will be presented as a teamwork “competition”. There will be a specific course that 2 teams will navigate through in a “head to head” manner of competition. All of the obstacles must be done in order and no team can advance without the instructor passing the team.

- A. (Timing will begin here) Both teams will be started together on the entire course with a running time of the entire event. Start to finish.
- B. Teams will come to obstacle #1 and find 4 Rolls of 1 ¾ hose. Teams will achieve a “triple fold” as if it were for our cross lay pre-connects. After success, teams will advance to the second obstacle.
- C. At obstacle 2, teams will don their complete bunker gear. In a manner that they are “ready to go in”. The gear will remain on and advance to obstacle #3.
- D. At #3, teams will find two air packs to don. 2 members will don their packs including their masks (on air) then the other member(s) will change out both bottles with the spares provided. After all is achieved, teams will remove the packs and ensure they are “in service” for the next crew and go to obstacle #4.
- E. #4 will have 4 tools staged on a tarp. A rope bag will be present for the teams to tie the tools with recognized fire knots and/or hitches. This will be accomplished by each member tying one tool then the next member will tie the next tool (a different one) and so on, until each member tied a tool that was different from any other previously tied.

- F.** Obstacle #5 will be at the training tower. 1 member will go up the tower and find a rope bag atop. They will deploy the rope and properly tie and hoist the chainsaw (staged) up to the top properly. Once on top, they will lower it properly where members will untie it and then the rope bag will be re-packed properly and placed back atop the tower.
- G.** Crews then go to the final stage. They proceed to the area where they made their “triple fold”, remove their turnout gear, then break down the triple and roll all 4 sections, then replace where the course started. (Timing will end here)

2.) This station will be an overview of the SCBA.

- A.** Explanation of the air pack.
- B.** Demonstration of changing bottles
- C.** Explanation of putting back in service
- D.** Mask inspection
- E.** Mask cleaning (how to and when to)

3.) The next station will be filling out a PPE inspection form.

- A.** All members will heck their equipment and note any thing wrong with it.
- B.** This will be submitted to the Equipment manager to address any safety problems noted or gear that is in need of attention.